

Sunday, September 4, 2016

Supplies List - A canvas journey

To build your canvas journal you will need:

- Canvas unprimed 12 oz (36x48 inches for 1 book or 72x68 for the year) you can buy canvas at your local art store or at a fabric store (you want heavyweight fabric with smooth surface) to be cut in 4 pieces of 24 inches wide x 16 inches high (it will fringe, it's fine, we want that) you can wait to cut it.

I get it for less than 3\$ a foot at my art store so I recommend you shop around.

I found this [link](#) online with a good price 1 and a half yard and you are good for the year! They deliver Canada and US. I did not find a link for other country but it gives you a better idea of what to look for.

- Heavy Thread to assemble
 - Bee wax or a candle wax
 - A roll of Parchemin or deli paper to keep your page from sticking together
 - Multi-purpose acrylic polymer (if you don't have a sewing machine)
- ALL PROJECT CAN BE ADAPTED AND BE DONE WITHOUT A SEWING MACHINE IF YOU DON'T HAVE ONE.**

Dimension in centimetre :

- Canvas unprimed 12 oz (91.44x121.92 centimetre for 1 book or 182.88 x172.72 for the year) you can buy canvas at your local art store or at a fabric store (you want heavyweight fabric 12 oz with smooth surface) to be cut in 4 pieces of 60.96 cm wide x 40.64 cm high (it will fringe, it's fine, we want that) you can wait to cut it.

*In pink, must have products

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FIRST TRIMESTER – OCTOBER 2016 TO JANUARY 2017 A WATERCOLOUR JOURNEY ON CANVAS

For the lessons:

- 8 oz. [Golden white absorbent ground*](#)
one jar will cover an entire 16 pages journal 12 x 16 inches
- 4 oz. [Daniel Smith Watercolor Ground transparent](#)
(will also be use in the third trimester)
If you can find any clear gesso can be an alternative

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- **Watercolour** of your choice in **tube and/or pans**
I use Daniel smith and PWC
- Watercolour pencils (I use faber Castell Albrecht Durer and Derwent)
Although watercolour pencils are great to use and allow better precision work they are optional and can be replace by pan and tube watercolour. The gold is to use what you have.
(Get at least 1 light blue and peach tone to sketch)
- **Colour pencils** I use Fabercastle Polychromos and Prismacolor Première
If you are on a budget I recommend prismacolor Schollar
they are as good for a fraction of the price. You get less color choice but you can always complete your collection buying the Première by unit.
- White and Black water-based paint pencil in different tip, I use Sharpie, Posca pen are also good.
- Black and white Stabilo All pencil
- Tombow or other watercolour marker (optional)

I don't recommend Neocolor II for these project, they are too waxy to use regular colour pencil on top.

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SECOND TRIMESTER – FEBRUARY TO MAY 2017 A PAINTING JOURNEY ON CANVAS

- **White, clear and gold gesso**
(If you can't find gold gesso I'll show you an alternative using gold acrylic)
- Gel and fluid acrylic medium
- Watercolour pencil to sketch
- **Acrylic paint** of your choice, I use many brands (golden, pebeo, liquitex, Amsterdam...) I choose them based on price, colours and fluidity so go ahead and use what you have.
Pebeo have great starting kit if you don't have any
- **White and Black water-based paint pencil** in different tip, I use Sharpie, Posca pen are also good. Ultra fluid golden paint can also be use

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- Oil stick of your choice as well (although they make a really great addition to a page they are optional you can use paint only)
- Colour pencils (optional)
- Black and white Stabilo All pencil
- Tombow or other watercolour marker (optional)

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THIRD TRIMESTER – JUNE TO SEPTEMBER 2017

A CANVAS JOURNEY - STITCHING IT UP

For the lessons:

- All of the supplies for the first and second trimester. You can adapt these project with the supplies that you have
- Black thread
- Embroidery thread in diverse colours
- Paper napkins and other thin paper for collage
- ephemera
- Sewing machine,
- **ALL PROJECT CAN BE ADAPTED AND BE DONE WITHOUT A SEWING MACHINE IF YOU DON'T HAVE ONE.**

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